



2026

North Carolina COURAGE

DATE	MATCH			TIME (PT)	HOW TO WATCH	RESULT
SAT, MAR 14	NORTH CAROLINA COURAGE	V	RACING LOUISVILLE FC	4:00 PM	NWSL+	_____
SAT, MAR 21	GOTHAM FC	V	NORTH CAROLINA COURAGE	3:30 PM	ION	_____
SAT, MAR 28	NORTH CAROLINA COURAGE	V	BAY FC	4:00 PM	NWSL+	_____
SAT, APR 4	NORTH CAROLINA COURAGE	V	PORTLAND THORNS FC	3:30 PM	ION	_____
SAT, APR 25	HOUSTON DASH	V	NORTH CAROLINA COURAGE	5:00 PM	NWSL+	_____
WED, APR 29	BOSTON LEGACY FC	V	NORTH CAROLINA COURAGE	5:00 PM	VICTORY+	_____
SAT, MAY 2	NORTH CAROLINA COURAGE	V	KANSAS CITY CURRENT	3:30 PM	ION	_____
FRI, MAY 8	ORLANDO PRIDE	V	NORTH CAROLINA COURAGE	5:00 PM	PRIME VIDEO	_____
SAT, MAY 16	NORTH CAROLINA COURAGE	V	CHICAGO STARS FC	3:30 PM	ION	_____
SAT, MAY 23	RACING LOUISVILLE FC	V	NORTH CAROLINA COURAGE	1:00 PM	ION	_____
SUN, MAY 31	ANGEL CITY FC	V	NORTH CAROLINA COURAGE	4:00 PM	VICTORY+	_____
SAT, JUL 4	NORTH CAROLINA COURAGE	V	SEATTLE REIGN FC	3:30 PM	ION	_____
SAT, JUL 11	NORTH CAROLINA COURAGE	V	WASHINGTON SPIRIT	3:30 PM	ION	_____
SAT, JUL 18	BAY FC	V	NORTH CAROLINA COURAGE	1:00 PM	CBS/PARAMOUNT+	_____
SAT, JUL 25	NORTH CAROLINA COURAGE	V	UTAH ROYALS	4:45 PM	ION	_____
FRI, JUL 31	NORTH CAROLINA COURAGE	V	ORLANDO PRIDE	5:00 PM	PRIME VIDEO	_____
WED, AUG 5	DENVER SUMMIT FC	V	NORTH CAROLINA COURAGE	7:00 PM	CBSSN	_____
SAT, AUG 8	WASHINGTON SPIRIT	V	NORTH CAROLINA COURAGE	3:30 PM	ION	_____
SUN, AUG 16	NORTH CAROLINA COURAGE	V	HOUSTON DASH	4:00 PM	VICTORY+	_____
SAT, AUG 22	NORTH CAROLINA COURAGE	V	BOSTON LEGACY FC	4:30 PM	NWSL+	_____
WED, AUG 26	NORTH CAROLINA COURAGE	V	ANGEL CITY FC	5:00 PM	CBSSN	_____
SAT, AUG 29	KANSAS CITY CURRENT	V	NORTH CAROLINA COURAGE	3:30 PM	ION	_____
SUN, SEP 6	CHICAGO STARS FC	V	NORTH CAROLINA COURAGE	1:00 PM	CBSSN	_____
SAT, SEP 12	SAN DIEGO WAVE FC	V	NORTH CAROLINA COURAGE	3:30 PM	ION	_____
SAT, SEP 19	NORTH CAROLINA COURAGE	V	GOTHAM FC	3:30 PM	ION	_____
SUN, SEP 27	UTAH ROYALS	V	NORTH CAROLINA COURAGE	4:00 PM	VICTORY+	_____
FRI, OCT 2	SEATTLE REIGN FC	V	NORTH CAROLINA COURAGE	7:00 PM	VICTORY+	_____
SAT, OCT 17	NORTH CAROLINA COURAGE	V	SAN DIEGO WAVE FC	4:00 PM	NWSL+	_____
FRI, OCT 23	PORTLAND THORNS FC	V	NORTH CAROLINA COURAGE	7:00 PM	PRIME VIDEO	_____
SUN, NOV 1	NORTH CAROLINA COURAGE	V	DENVER SUMMIT FC	2:00 PM		_____