



2026 Houston DASH

DATE	MATCH			TIME (ET)	HOW TO WATCH	RESULT
SAT, MAR 14	SAN DIEGO WAVE FC	V	HOUSTON DASH	8:45 PM	ION	
SAT, MAR 21	HOUSTON DASH	V	BOSTON LEGACY FC	4:00 PM	ION	
FRI, MAR 27	ANGEL CITY FC	V	HOUSTON DASH	10:00 PM	PRIME VIDEO	
FRI, APR 3	HOUSTON DASH	V	RACING LOUISVILLE FC	8:30 PM	NWSL+	
SAT, APR 25	HOUSTON DASH	V	NORTH CAROLINA COURAGE	8:00 PM	NWSL+	
FRI, MAY 1	HOUSTON DASH	V	SEATTLE REIGN FC	8:00 PM	VICTORY+	
WED, MAY 6	UTAH ROYALS	V	HOUSTON DASH	10:00 PM	CBSSN	
SAT, MAY 9	HOUSTON DASH	V	DENVER SUMMIT FC	8:00 PM	NWSL+	
FRI, MAY 15	KANSAS CITY CURRENT	V	HOUSTON DASH	8:00 PM	PRIME VIDEO	
WED, MAY 20	HOUSTON DASH	V	SAN DIEGO WAVE FC	8:00 PM	CBSSN	
SAT, MAY 23	HOUSTON DASH	V	ANGEL CITY FC	8:45 PM	ION	
SUN, MAY 31	GOTHAM FC	V	HOUSTON DASH	3:00 PM	NWSL+	
FRI, JUL 3	WASHINGTON SPIRIT	V	HOUSTON DASH	8:00 PM	VICTORY+	
SUN, JUL 12	DENVER SUMMIT FC	V	HOUSTON DASH	7:00 PM	VICTORY+	
SAT, JUL 18	RACING LOUISVILLE FC	V	HOUSTON DASH	8:00 PM	NWSL+	
FRI, JUL 24	HOUSTON DASH	V	BAY FC	8:00 PM	VICTORY+	
SAT, AUG 1	HOUSTON DASH	V	GOTHAM FC	8:00 PM	NWSL+	
SAT, AUG 8	HOUSTON DASH	V	KANSAS CITY CURRENT	8:45 PM	ION	
SUN, AUG 16	NORTH CAROLINA COURAGE	V	HOUSTON DASH	7:00 PM	VICTORY+	
WED, AUG 19	HOUSTON DASH	V	CHICAGO STARS FC	8:00 PM	CBSSN	
SUN, AUG 23	BAY FC	V	HOUSTON DASH	6:00 PM	CBSSN	
SUN, AUG 30	SEATTLE REIGN FC	V	HOUSTON DASH	7:00 PM	VICTORY+	
SUN, SEP 6	ORLANDO PRIDE	V	HOUSTON DASH	7:00 PM	VICTORY+	
SAT, SEP 12	HOUSTON DASH	V	UTAH ROYALS	8:45 PM	ION	
SUN, SEP 20	BOSTON LEGACY FC	V	HOUSTON DASH	2:00 PM	CBSSN	
SAT, SEP 26	PORTLAND THORNS FC	V	HOUSTON DASH	8:45 PM	ION	
SUN, OCT 4	HOUSTON DASH	V	WASHINGTON SPIRIT	7:00 PM	VICTORY+	
SUN, OCT 18	HOUSTON DASH	V	ORLANDO PRIDE	1:00 PM	CBSSN	
FRI, OCT 23	CHICAGO STARS FC	V	HOUSTON DASH	8:00 PM	VICTORY+	
SUN, NOV 1	HOUSTON DASH	V	PORTLAND THORNS FC	5:00 PM		