



2025

San Diego
WAVE FC

DATE	MATCH		TIME (MT)	HOW TO WATCH	RESULT	
SUN, MAR 16	ANGEL CITY FC	V	SAN DIEGO WAVE FC	4:50 PM	ESPN2/ESPN DEP./ESPN+	_____
SAT, MAR 22	SAN DIEGO WAVE FC	V	UTAH ROYALS	8:00 PM	NWSL+	_____
SAT, MAR 29	ORLANDO PRIDE	V	SAN DIEGO WAVE FC	10:00 AM	ESPN/ESPN+	_____
SAT, APR 12	SAN DIEGO WAVE FC	V	KANSAS CITY CURRENT	8:00 PM	ION	_____
SAT, APR 19	RACING LOUISVILLE FC	V	SAN DIEGO WAVE FC	1:00 PM	NWSL+/PARAMOUNT+	_____
SAT, APR 26	CHICAGO STARS FC	V	SAN DIEGO WAVE FC	5:30 PM	ION	_____
SUN, MAY 4	SAN DIEGO WAVE FC	V	BAY FC	6:00 PM	NWSL+/PARAMOUNT+	_____
SAT, MAY 10	SAN DIEGO WAVE FC	V	PORTLAND THORNS FC	8:00 PM	ION	_____
FRI, MAY 16	NJ/NY GOTHAM FC	V	SAN DIEGO WAVE FC	5:30 PM	NWSL+	_____
SUN, MAY 25	SAN DIEGO WAVE FC	V	NORTH CAROLINA COURAGE	8:00 PM	CBSSN	_____
FRI, JUN 6	SAN DIEGO WAVE FC	V	SEATTLE REIGN FC	8:00 PM	PRIME VIDEO	_____
FRI, JUN 13	HOUSTON DASH	V	SAN DIEGO WAVE FC	6:00 PM	NWSL+/PARAMOUNT+	_____
SUN, JUN 22	SAN DIEGO WAVE FC	V	WASHINGTON SPIRIT	8:00 PM	CBSSN	_____
SAT, AUG 2	NORTH CAROLINA COURAGE	V	SAN DIEGO WAVE FC	5:30 PM	ION	_____
SAT, AUG 9	SAN DIEGO WAVE FC	V	ANGEL CITY FC	8:00 PM	ION	_____
SAT, AUG 16	BAY FC	V	SAN DIEGO WAVE FC	8:00 PM	ION	_____
SUN, AUG 24	SAN DIEGO WAVE FC	V	RACING LOUISVILLE FC	6:00 PM	NWSL+/PARAMOUNT+	_____
FRI, AUG 29	SEATTLE REIGN FC	V	SAN DIEGO WAVE FC	8:30 PM	NWSL+/PARAMOUNT+	_____
SUN, SEP 7	SAN DIEGO WAVE FC	V	HOUSTON DASH	6:00 PM	NWSL+/PARAMOUNT+	_____
FRI, SEP 12	SAN DIEGO WAVE FC	V	NJ/NY GOTHAM FC	8:00 PM	PRIME VIDEO	_____
SAT, SEP 20	PORTLAND THORNS FC	V	SAN DIEGO WAVE FC	8:00 PM	ION	_____
FRI, SEP 26	SAN DIEGO WAVE FC	V	ORLANDO PRIDE	8:30 PM	NWSL+/PARAMOUNT+	_____
SUN, OCT 5	WASHINGTON SPIRIT	V	SAN DIEGO WAVE FC	11:00 AM	ESPN/ESPN+	_____
SAT, OCT 11	UTAH ROYALS	V	SAN DIEGO WAVE FC	8:00 PM	NWSL+/PARAMOUNT+	_____
SAT, OCT 18	SAN DIEGO WAVE FC	V	CHICAGO STARS FC	8:00 PM	ION	_____
SUN, NOV 2	KANSAS CITY CURRENT	V	SAN DIEGO WAVE FC	TBD		_____