



2025

# North Carolina COURAGE

| DATE        | MATCH   | TIME (ET) | HOW TO WATCH     | RESULT |
|-------------|---|-----------|------------------|--------|
| SAT, MAR 15 | RACING LOUISVILLE FC V NORTH CAROLINA COURAGE | 5:00 PM   | NWSL+            | _____  |
| SAT, MAR 22 | NORTH CAROLINA COURAGE V SEATTLE REIGN FC     | 7:00 PM   | NWSL+            | _____  |
| SAT, MAR 29 | PORTLAND THORNS FC V NORTH CAROLINA COURAGE   | 10:00 PM  | ION              | _____  |
| SUN, APR 13 | NJ/NY GOTHAM FC V NORTH CAROLINA COURAGE      | 4:00 PM   | NWSL+/PARAMOUNT+ | _____  |
| SAT, APR 19 | NORTH CAROLINA COURAGE V BAY FC               | 7:00 PM   | NWSL+            | _____  |
| SAT, APR 26 | NORTH CAROLINA COURAGE V KANSAS CITY CURRENT  | 7:00 PM   | NWSL+            | _____  |
| SAT, MAY 3  | UTAH ROYALS V NORTH CAROLINA COURAGE          | 10:00 PM  | ION              | _____  |
| SAT, MAY 10 | NORTH CAROLINA COURAGE V ORLANDO PRIDE        | 7:30 PM   | ION              | _____  |
| SAT, MAY 17 | NORTH CAROLINA COURAGE V CHICAGO STARS FC     | 5:00 PM   | NWSL+/PARAMOUNT+ | _____  |
| SUN, MAY 25 | SAN DIEGO WAVE FC V NORTH CAROLINA COURAGE    | 10:00 PM  | CBSSN            | _____  |
| SUN, JUN 8  | WASHINGTON SPIRIT V NORTH CAROLINA COURAGE    | 4:00 PM   | NWSL+/PARAMOUNT+ | _____  |
| SAT, JUN 14 | ANGEL CITY FC V NORTH CAROLINA COURAGE        | 10:00 PM  | ION              | _____  |
| SAT, JUN 21 | NORTH CAROLINA COURAGE V HOUSTON DASH         | 7:30 PM   | NWSL+            | _____  |
| SAT, AUG 2  | NORTH CAROLINA COURAGE V SAN DIEGO WAVE FC    | 7:30 PM   | ION              | _____  |
| FRI, AUG 8  | HOUSTON DASH V NORTH CAROLINA COURAGE         | 8:00 PM   | NWSL+/PARAMOUNT+ | _____  |
| SAT, AUG 16 | NORTH CAROLINA COURAGE V PORTLAND THORNS FC   | 7:30 PM   | ION              | _____  |
| FRI, AUG 22 | CHICAGO STARS FC V NORTH CAROLINA COURAGE     | 8:00 PM   | PRIME VIDEO      | _____  |
| SAT, AUG 30 | KANSAS CITY CURRENT V NORTH CAROLINA COURAGE  | 7:30 PM   | ION              | _____  |
| SAT, SEP 6  | NORTH CAROLINA COURAGE V UTAH ROYALS          | 7:30 PM   | ION              | _____  |
| SAT, SEP 13 | NORTH CAROLINA COURAGE V ANGEL CITY FC        | 12:30 PM  | CBS              | _____  |
| FRI, SEP 19 | ORLANDO PRIDE V NORTH CAROLINA COURAGE        | 7:30 PM   | NWSL+            | _____  |
| SUN, SEP 28 | SEATTLE REIGN FC V NORTH CAROLINA COURAGE     | 8:00 PM   | NWSL+/PARAMOUNT+ | _____  |
| SAT, OCT 4  | NORTH CAROLINA COURAGE V RACING LOUISVILLE FC | 7:30 PM   | ION              | _____  |
| SAT, OCT 11 | NORTH CAROLINA COURAGE V WASHINGTON SPIRIT    | 7:30 PM   | ION              | _____  |
| FRI, OCT 17 | BAY FC V NORTH CAROLINA COURAGE               | 10:00 PM  | PRIME VIDEO      | _____  |
| SUN, NOV 2  | NORTH CAROLINA COURAGE V NJ/NY GOTHAM FC      | TBD       |                  | _____  |