



2025

North Carolina COURAGE

DATE	MATCH		TIME (PT)	HOW TO WATCH	RESULT	
SAT, MAR 15	RACING LOUISVILLE FC	V	NORTH CAROLINA COURAGE	2:00 PM	NWSL+	_____
SAT, MAR 22	NORTH CAROLINA COURAGE	V	SEATTLE REIGN FC	4:00 PM	NWSL+	_____
SAT, MAR 29	PORTLAND THORNS FC	V	NORTH CAROLINA COURAGE	7:00 PM	ION	_____
SUN, APR 13	NJ/NY GOTHAM FC	V	NORTH CAROLINA COURAGE	1:00 PM	NWSL+/PARAMOUNT+	_____
SAT, APR 19	NORTH CAROLINA COURAGE	V	BAY FC	4:00 PM	NWSL+	_____
SAT, APR 26	NORTH CAROLINA COURAGE	V	KANSAS CITY CURRENT	4:00 PM	NWSL+	_____
SAT, MAY 3	UTAH ROYALS	V	NORTH CAROLINA COURAGE	7:00 PM	ION	_____
SAT, MAY 10	NORTH CAROLINA COURAGE	V	ORLANDO PRIDE	4:30 PM	ION	_____
SAT, MAY 17	NORTH CAROLINA COURAGE	V	CHICAGO STARS FC	2:00 PM	NWSL+/PARAMOUNT+	_____
SUN, MAY 25	SAN DIEGO WAVE FC	V	NORTH CAROLINA COURAGE	7:00 PM	CBSSN	_____
SUN, JUN 8	WASHINGTON SPIRIT	V	NORTH CAROLINA COURAGE	1:00 PM	NWSL+/PARAMOUNT+	_____
SAT, JUN 14	ANGEL CITY FC	V	NORTH CAROLINA COURAGE	7:00 PM	ION	_____
SAT, JUN 21	NORTH CAROLINA COURAGE	V	HOUSTON DASH	4:30 PM	NWSL+	_____
SAT, AUG 2	NORTH CAROLINA COURAGE	V	SAN DIEGO WAVE FC	4:30 PM	ION	_____
FRI, AUG 8	HOUSTON DASH	V	NORTH CAROLINA COURAGE	5:00 PM	NWSL+/PARAMOUNT+	_____
SAT, AUG 16	NORTH CAROLINA COURAGE	V	PORTLAND THORNS FC	4:30 PM	ION	_____
FRI, AUG 22	CHICAGO STARS FC	V	NORTH CAROLINA COURAGE	5:00 PM	PRIME VIDEO	_____
SAT, AUG 30	KANSAS CITY CURRENT	V	NORTH CAROLINA COURAGE	4:30 PM	ION	_____
SAT, SEP 6	NORTH CAROLINA COURAGE	V	UTAH ROYALS	4:30 PM	ION	_____
SAT, SEP 13	NORTH CAROLINA COURAGE	V	ANGEL CITY FC	9:30 AM	CBS	_____
FRI, SEP 19	ORLANDO PRIDE	V	NORTH CAROLINA COURAGE	4:30 PM	NWSL+	_____
SUN, SEP 28	SEATTLE REIGN FC	V	NORTH CAROLINA COURAGE	5:00 PM	NWSL+/PARAMOUNT+	_____
SAT, OCT 4	NORTH CAROLINA COURAGE	V	RACING LOUISVILLE FC	4:30 PM	ION	_____
SAT, OCT 11	NORTH CAROLINA COURAGE	V	WASHINGTON SPIRIT	4:30 PM	ION	_____
FRI, OCT 17	BAY FC	V	NORTH CAROLINA COURAGE	7:00 PM	PRIME VIDEO	_____
SUN, NOV 2	NORTH CAROLINA COURAGE	V	NJ/NY GOTHAM FC	TBD		_____