



2025 Houston DASH

| DATE | MATCH | | TIME (ET) | HOW TO WATCH | RESULT | |
|-------------|------------------------|---|------------------------|--------------|----------------------|-------|
| FRI, MAR 14 | HOUSTON DASH | V | WASHINGTON SPIRIT | 8:00 PM | NWSL+ | _____ |
| SUN, MAR 23 | CHICAGO STARS FC | V | HOUSTON DASH | 5:00 PM | NWSL+/PARAMOUNT+ | _____ |
| FRI, MAR 28 | HOUSTON DASH | V | NJ/NY GOTHAM FC | 8:00 PM | NWSL+ | _____ |
| SAT, APR 12 | HOUSTON DASH | V | ANGEL CITY FC | 5:00 PM | NWSL+/PARAMOUNT+ | _____ |
| SAT, APR 19 | KANSAS CITY CURRENT | V | HOUSTON DASH | 7:30 PM | ION | _____ |
| FRI, APR 25 | HOUSTON DASH | V | UTAH ROYALS | 8:00 PM | NWSL+ | _____ |
| FRI, MAY 2 | HOUSTON DASH | V | RACING LOUISVILLE FC | 8:00 PM | NWSL+ | _____ |
| SUN, MAY 11 | SEATTLE REIGN FC | V | HOUSTON DASH | 8:00 PM | NWSL+/PARAMOUNT+ | _____ |
| FRI, MAY 16 | HOUSTON DASH | V | PORTLAND THORNS FC | 8:00 PM | NWSL+ | _____ |
| SAT, MAY 24 | HOUSTON DASH | V | BAY FC | 5:00 PM | NWSL+/PARAMOUNT+ | _____ |
| SAT, JUN 7 | ORLANDO PRIDE | V | HOUSTON DASH | 7:00 PM | NWSL+ | _____ |
| FRI, JUN 13 | HOUSTON DASH | V | SAN DIEGO WAVE FC | 8:00 PM | NWSL+/PARAMOUNT+ | _____ |
| SAT, JUN 21 | NORTH CAROLINA COURAGE | V | HOUSTON DASH | 7:30 PM | NWSL+ | _____ |
| SAT, AUG 2 | BAY FC | V | HOUSTON DASH | 10:00 PM | ION | _____ |
| FRI, AUG 8 | HOUSTON DASH | V | NORTH CAROLINA COURAGE | 8:00 PM | NWSL+/PARAMOUNT+ | _____ |
| SUN, AUG 17 | NJ/NY GOTHAM FC | V | HOUSTON DASH | 4:00 PM | NWSL+/PARAMOUNT+ | _____ |
| SUN, AUG 24 | HOUSTON DASH | V | SEATTLE REIGN FC | 7:00 PM | NWSL+/PARAMOUNT+ | _____ |
| FRI, AUG 29 | RACING LOUISVILLE FC | V | HOUSTON DASH | 7:30 PM | NWSL+ | _____ |
| SUN, SEP 7 | SAN DIEGO WAVE FC | V | HOUSTON DASH | 8:00 PM | NWSL+/PARAMOUNT+ | _____ |
| SUN, SEP 14 | UTAH ROYALS | V | HOUSTON DASH | 6:00 PM | NWSL+/PARAMOUNT+ | _____ |
| FRI, SEP 19 | HOUSTON DASH | V | CHICAGO STARS FC | 8:00 PM | PRIME VIDEO | _____ |
| SUN, SEP 28 | WASHINGTON SPIRIT | V | HOUSTON DASH | 1:00 PM | NWSL+/PARAMOUNT+ | _____ |
| FRI, OCT 3 | HOUSTON DASH | V | ORLANDO PRIDE | 8:00 PM | PRIME VIDEO | _____ |
| SUN, OCT 12 | ANGEL CITY FC | V | HOUSTON DASH | 5:00 PM | ESPN/ESPN DEP./ESPN+ | _____ |
| SAT, OCT 18 | HOUSTON DASH | V | KANSAS CITY CURRENT | 7:30 PM | ION | _____ |
| SUN, NOV 2 | PORTLAND THORNS FC | V | HOUSTON DASH | TBD | | _____ |