



2025 Houston DASH

DATE	MATCH		TIME (ET)	HOW TO WATCH	RESULT	
FRI, MAR 14	HOUSTON DASH	V	WASHINGTON SPIRIT	8:00 PM	NWSL+	_____
SUN, MAR 23	CHICAGO STARS FC	V	HOUSTON DASH	5:00 PM	NWSL+/PARAMOUNT+	_____
FRI, MAR 28	HOUSTON DASH	V	NJ/NY GOTHAM FC	8:00 PM	NWSL+	_____
SAT, APR 12	HOUSTON DASH	V	ANGEL CITY FC	5:00 PM	NWSL+/PARAMOUNT+	_____
SAT, APR 19	KANSAS CITY CURRENT	V	HOUSTON DASH	7:30 PM	ION	_____
FRI, APR 25	HOUSTON DASH	V	UTAH ROYALS	8:00 PM	NWSL+	_____
FRI, MAY 2	HOUSTON DASH	V	RACING LOUISVILLE FC	8:00 PM	NWSL+	_____
SUN, MAY 11	SEATTLE REIGN FC	V	HOUSTON DASH	8:00 PM	NWSL+/PARAMOUNT+	_____
FRI, MAY 16	HOUSTON DASH	V	PORTLAND THORNS FC	8:00 PM	NWSL+	_____
SAT, MAY 24	HOUSTON DASH	V	BAY FC	5:00 PM	NWSL+/PARAMOUNT+	_____
SAT, JUN 7	ORLANDO PRIDE	V	HOUSTON DASH	7:00 PM	NWSL+	_____
FRI, JUN 13	HOUSTON DASH	V	SAN DIEGO WAVE FC	8:00 PM	NWSL+/PARAMOUNT+	_____
SAT, JUN 21	NORTH CAROLINA COURAGE	V	HOUSTON DASH	7:30 PM	NWSL+	_____
SAT, AUG 2	BAY FC	V	HOUSTON DASH	10:00 PM	ION	_____
FRI, AUG 8	HOUSTON DASH	V	NORTH CAROLINA COURAGE	8:00 PM	NWSL+/PARAMOUNT+	_____
SUN, AUG 17	NJ/NY GOTHAM FC	V	HOUSTON DASH	4:00 PM	NWSL+/PARAMOUNT+	_____
SUN, AUG 24	HOUSTON DASH	V	SEATTLE REIGN FC	7:00 PM	NWSL+/PARAMOUNT+	_____
FRI, AUG 29	RACING LOUISVILLE FC	V	HOUSTON DASH	7:30 PM	NWSL+	_____
SUN, SEP 7	SAN DIEGO WAVE FC	V	HOUSTON DASH	8:00 PM	NWSL+/PARAMOUNT+	_____
SUN, SEP 14	UTAH ROYALS	V	HOUSTON DASH	6:00 PM	NWSL+/PARAMOUNT+	_____
FRI, SEP 19	HOUSTON DASH	V	CHICAGO STARS FC	8:00 PM	PRIME VIDEO	_____
SUN, SEP 28	WASHINGTON SPIRIT	V	HOUSTON DASH	1:00 PM	NWSL+/PARAMOUNT+	_____
FRI, OCT 3	HOUSTON DASH	V	ORLANDO PRIDE	8:00 PM	PRIME VIDEO	_____
SUN, OCT 12	ANGEL CITY FC	V	HOUSTON DASH	5:00 PM	ESPN/ESPN DEP./ESPN+	_____
SAT, OCT 18	HOUSTON DASH	V	KANSAS CITY CURRENT	7:30 PM	ION	_____
SUN, NOV 2	PORTLAND THORNS FC	V	HOUSTON DASH	TBD		_____