



2022-23 SEATTLE SEAHAWKS SCHEDULE

REGULAR SEASON SCHEDULE

| WK | DATE | OPPONENT | TIME (CT) | TV | RESULT |
|----|-------------|------------------|-----------|-------------|--------|
| 1 | Mon, Sep 12 | vs Denver | 7:15 PM | ESPN/ABC | _____ |
| 2 | Sun, Sep 18 | at San Francisco | 3:05 PM | FOX | _____ |
| 3 | Sun, Sep 25 | vs Atlanta | 3:25 PM | FOX | _____ |
| 4 | Sun, Oct 2 | at Detroit | 12:00 PM | FOX | _____ |
| 5 | Sun, Oct 9 | at New Orleans | 12:00 PM | FOX | _____ |
| 6 | Sun, Oct 16 | vs Arizona | 3:05 PM | FOX | _____ |
| 7 | Sun, Oct 23 | at LA Chargers | 3:25 PM | FOX | _____ |
| 8 | Sun, Oct 30 | vs NY Giants | 3:25 PM | FOX | _____ |
| 9 | Sun, Nov 6 | at Arizona | 3:05 PM | FOX | _____ |
| 10 | Sun, Nov 13 | vs Tampa Bay * | 8:30 AM | NFL NET | _____ |
| 11 | BYE WEEK | | | | _____ |
| 12 | Sun, Nov 27 | vs Las Vegas | 3:05 PM | CBS | _____ |
| 13 | Sun, Dec 4 | at LA Rams | 3:05 PM | FOX | _____ |
| 14 | Sun, Dec 11 | vs Carolina | 3:25 PM | FOX | _____ |
| 15 | Thu, Dec 15 | vs San Francisco | 7:15 PM | Prime Video | _____ |
| 16 | Sat, Dec 24 | at Kansas City | 12:00 PM | FOX | _____ |
| 17 | Sun, Jan 1 | vs NY Jets | 3:05 PM | FOX | _____ |
| 18 | Sun, Jan 8 | vs LA Rams | TBD | TBD | _____ |

* Game played at neutral location templatetrove.com