



2026 SEATTLE SOUNDERS FC

DATE	MATCH			TIME (MT)	HOW TO WATCH	RESULT
SUN, FEB 22	SEATTLE SOUNDERS FC	V	COLORADO RAPIDS	7:00 PM	FS1/APPLE TV	
SAT, FEB 28	REAL SALT LAKE	V	SEATTLE SOUNDERS FC	5:30 PM	APPLE TV	
SAT, MAR 7	ST. LOUIS CITY SC	V	SEATTLE SOUNDERS FC	6:30 PM	APPLE TV	
SUN, MAR 15	SAN JOSE EARTHQUAKES	V	SEATTLE SOUNDERS FC	5:00 PM	APPLE TV	
SUN, MAR 22	MINNESOTA UNITED FC	V	SEATTLE SOUNDERS FC	12:30 PM	FOX/APPLE TV	
SAT, APR 4	HOUSTON DYNAMO FC	V	SEATTLE SOUNDERS FC	6:30 PM	APPLE TV	
SUN, APR 12	SEATTLE SOUNDERS FC	V	REAL SALT LAKE	7:00 PM	APPLE TV	
SAT, APR 18	SEATTLE SOUNDERS FC	V	ST. LOUIS CITY SC	7:30 PM	APPLE TV	
SAT, APR 25	SEATTLE SOUNDERS FC	V	FC DALLAS	8:30 PM	APPLE TV	
SAT, MAY 2	SPORTING KANSAS CITY	V	SEATTLE SOUNDERS FC	12:30 PM	FOX/APPLE TV	
SAT, MAY 9	SEATTLE SOUNDERS FC	V	SAN DIEGO FC	8:30 PM	APPLE TV	
WED, MAY 13	SEATTLE SOUNDERS FC	V	SAN JOSE EARTHQUAKES	7:30 PM	APPLE TV	
SAT, MAY 16	SEATTLE SOUNDERS FC	V	LA GALAXY	7:00 PM	FS1/APPLE TV	
SUN, MAY 24	LAFC	V	SEATTLE SOUNDERS FC	7:00 PM	FOX/APPLE TV	
THU, JUL 16	SEATTLE SOUNDERS FC	V	PORTLAND TIMBERS	8:30 PM	APPLE TV	
WED, JUL 22	AUSTIN FC	V	SEATTLE SOUNDERS FC	6:30 PM	APPLE TV	
SAT, JUL 25	PHILADELPHIA UNION	V	SEATTLE SOUNDERS FC	5:30 PM	APPLE TV	
SAT, AUG 1	PORTLAND TIMBERS	V	SEATTLE SOUNDERS FC	8:30 PM	FS1/APPLE TV	
SUN, AUG 16	SEATTLE SOUNDERS FC	V	VANCOUVER WHITECAPS	7:00 PM	APPLE TV	
WED, AUG 19	SEATTLE SOUNDERS FC	V	AUSTIN FC	7:30 PM	APPLE TV	
SAT, AUG 22	FC CINCINNATI	V	SEATTLE SOUNDERS FC	5:30 PM	APPLE TV	
SAT, AUG 29	SEATTLE SOUNDERS FC	V	CHICAGO FIRE FC	2:30 PM	APPLE TV	
SAT, SEP 5	SEATTLE SOUNDERS FC	V	NEW YORK RED BULLS	6:30 PM	APPLE TV	
WED, SEP 9	SEATTLE SOUNDERS FC	V	SPORTING KANSAS CITY	8:30 PM	APPLE TV	
SAT, SEP 12	LA GALAXY	V	SEATTLE SOUNDERS FC	8:30 PM	APPLE TV	
SAT, SEP 19	COLORADO RAPIDS	V	SEATTLE SOUNDERS FC	7:30 PM	APPLE TV	
SAT, SEP 26	SEATTLE SOUNDERS FC	V	MINNESOTA UNITED FC	6:30 PM	APPLE TV	
SAT, OCT 10	NEW ENGLAND REVOLUTION	V	SEATTLE SOUNDERS FC	5:30 PM	APPLE TV	
WED, OCT 14	FC DALLAS	V	SEATTLE SOUNDERS FC	6:30 PM	APPLE TV	
SAT, OCT 17	SEATTLE SOUNDERS FC	V	CF MONTRÉAL	8:30 PM	APPLE TV	
SAT, OCT 24	SAN DIEGO FC	V	SEATTLE SOUNDERS FC	8:30 PM	APPLE TV	
WED, OCT 28	SEATTLE SOUNDERS FC	V	HOUSTON DYNAMO FC	8:30 PM	APPLE TV	
SAT, OCT 31	VANCOUVER WHITECAPS	V	SEATTLE SOUNDERS FC	TBD	APPLE TV	
SAT, NOV 7	SEATTLE SOUNDERS FC	V	LAFC	5:00 PM	APPLE TV	