



2026 REAL SALT LAKE

DATE	MATCH			TIME (ET)	HOW TO WATCH	RESULT
SAT, FEB 21	VANCOUVER WHITECAPS	V	REAL SALT LAKE	7:30 PM	APPLE TV	_____
SAT, FEB 28	REAL SALT LAKE	V	SEATTLE SOUNDERS FC	7:30 PM	APPLE TV	_____
SAT, MAR 7	ATLANTA UNITED FC	V	REAL SALT LAKE	7:30 PM	APPLE TV	_____
SAT, MAR 14	REAL SALT LAKE	V	AUSTIN FC	9:30 PM	APPLE TV	_____
SUN, MAR 22	SAN DIEGO FC	V	REAL SALT LAKE	7:00 PM	APPLE TV	_____
SAT, APR 4	REAL SALT LAKE	V	SPORTING KANSAS CITY	4:30 PM	APPLE TV	_____
SUN, APR 12	SEATTLE SOUNDERS FC	V	REAL SALT LAKE	9:00 PM	APPLE TV	_____
SAT, APR 18	REAL SALT LAKE	V	SAN DIEGO FC	9:30 PM	APPLE TV	_____
WED, APR 22	REAL SALT LAKE	V	INTER MIAMI CF	9:30 PM	APPLE TV	_____
SUN, APR 26	LA GALAXY	V	REAL SALT LAKE	7:00 PM	APPLE TV	_____
SAT, MAY 2	REAL SALT LAKE	V	PORTLAND TIMBERS	4:30 PM	FOX/APPLE TV	_____
SAT, MAY 9	FC DALLAS	V	REAL SALT LAKE	8:30 PM	APPLE TV	_____
WED, MAY 13	REAL SALT LAKE	V	HOUSTON DYNAMO FC	9:30 PM	APPLE TV	_____
SAT, MAY 16	REAL SALT LAKE	V	COLORADO RAPIDS	9:30 PM	APPLE TV	_____
SAT, MAY 23	MINNESOTA UNITED FC	V	REAL SALT LAKE	8:30 PM	APPLE TV	_____
WED, JUL 22	LAFC	V	REAL SALT LAKE	10:30 PM	FS1/APPLE TV	_____
SAT, JUL 25	PORTLAND TIMBERS	V	REAL SALT LAKE	10:30 PM	APPLE TV	_____
SAT, AUG 1	ST. LOUIS CITY SC	V	REAL SALT LAKE	8:30 PM	APPLE TV	_____
SAT, AUG 15	REAL SALT LAKE	V	MINNESOTA UNITED FC	9:30 PM	APPLE TV	_____
WED, AUG 19	REAL SALT LAKE	V	FC DALLAS	9:30 PM	APPLE TV	_____
SAT, AUG 22	ORLANDO CITY SC	V	REAL SALT LAKE	7:30 PM	APPLE TV	_____
SAT, AUG 29	COLORADO RAPIDS	V	REAL SALT LAKE	9:30 PM	APPLE TV	_____
SAT, SEP 5	REAL SALT LAKE	V	LAFC	9:30 PM	APPLE TV	_____
WED, SEP 9	HOUSTON DYNAMO FC	V	REAL SALT LAKE	8:30 PM	APPLE TV	_____
SAT, SEP 12	REAL SALT LAKE	V	NEW YORK CITY FC	9:30 PM	APPLE TV	_____
SAT, SEP 19	REAL SALT LAKE	V	VANCOUVER WHITECAPS	9:30 PM	APPLE TV	_____
SAT, SEP 26	REAL SALT LAKE	V	NEW ENGLAND REVOLUTION	9:30 PM	APPLE TV	_____
SAT, OCT 10	PHILADELPHIA UNION	V	REAL SALT LAKE	7:30 PM	APPLE TV	_____
WED, OCT 14	REAL SALT LAKE	V	SAN JOSE EARTHQUAKES	9:30 PM	APPLE TV	_____
SAT, OCT 17	SPORTING KANSAS CITY	V	REAL SALT LAKE	8:30 PM	APPLE TV	_____
SAT, OCT 24	REAL SALT LAKE	V	ST. LOUIS CITY SC	8:30 PM	APPLE TV	_____
WED, OCT 28	AUSTIN FC	V	REAL SALT LAKE	8:30 PM	APPLE TV	_____
SAT, OCT 31	SAN JOSE EARTHQUAKES	V	REAL SALT LAKE	TBD	APPLE TV	_____
SAT, NOV 7	REAL SALT LAKE	V	LA GALAXY	7:00 PM	APPLE TV	_____